



FedWalks 2024

WILSONS PROMONTORY NATIONAL PARK

Friday – Sunday, 11-13 October 2024

WALKER RESPONSIBILITIES

Bush Walking Victoria asks all walkers to accept these basic responsibilities to enable everyone to enjoy their walks and to help ensure the safety of all participants and protection of the environment.

- Participate on walks that are suited to your experience and capability
- Always respect the walk leader's judgement, remembering that they are looking after the welfare of the whole group.
- Be considerate of others in your party and other groups you may meet.
- If using the **shuttle bus**, wear your blue wrist band, listen to instructions from your leaders, leave the first 2 rows behind the driver vacant for the walk leaders, board and disembark safely, remain seated and wear your seatbelt for the whole journey. Stow backpacks on floor or under seat.
- **Cross roads safely**, especially the roads at the shuttle bus drop off or pick up Points where road traffic may be busy and fast moving.
- Carry your completed **Participants Emergency Contact & Medical form** in a waterproof envelope in an outer section of your pack.
- Carry your **personal medication**. Advise the walk leader of any medical condition which may affect you adversely on the walk.
- Be prepared for **changes in the weather or an emergency**; carry wet weather gear, extra clothing layers, a few snacks, a personal first aid kit (including a snake bite pressure bandage), whistle, sunhat and sunscreen at all times.
- Carry adequate food and water (at least 2 litres) for the walk you are on. On warm days carry extra water. Make sure you have an adequate lunch and some snacks.
- Wear strong and comfortable footwear.
- It is best practice to not get ahead of the leader unless directed. If walking in front, stop at intersections and track junctions. Wait for the group to catch up.
- Keep the walker in front and the walker behind in sight. Go at the pace of the slowest walker. If you lose sight of the person in front of you, particularly if the walk must go off track, call out for the group ahead to slow down.
- If you wish to leave the track for any reason, inform the co-leader/whip and leave your pack on the track, on the side where you are going off track. Take note of the direction and distance you travel from the track, to enable you to safely return to the track. The whip will wait for you. Keep your distance from the track to a practical minimum.
- If you become separated from the group, **STOP, WAIT**. Periodically call out or blow your whistle. **DO NOT MOVE. Do not try to find the group – the group will find you.**



- Inform the walk leader or co-leader immediately if you feel unwell, are experiencing pain, discomfort or have an equipment failure, or an incident occurs.
- Adhere to cautions.
- Treat all logs, rocks and bare earth as if they are wet and slippery, step over or go around if practical. Watch for and be aware of trip hazards – watch your footing at all times. Take care when negotiating hazards.
- Walking poles are recommended for most walks.
- If you feel uneasy about any situation, please advise your walk leaders or a fellow walker so they can assist you.
- Respect flora and fauna. Minimise any damage or disturbance that your presence may cause.
- Always walk on the track. Do not take short cuts.
Bush toilet etiquette requires human waste to be buried 15cm deep and no less than 100m from a watercourse.
- Carry out all rubbish including food scraps.

(last revision by PR - 30 Sept 24)