

Boat trip to Sealers Cove (extra cost) - Sealer's Cove - Refuge Cove - Waterloo Bay - Telegraph Saddle Walk

Difficulty	Hard/Very Hard
Length	24.8 Km
Total Ascent	1159 m
Gradient	Five distinct peaks/hills to climb, including Kersop's Peak and long, gentle climb to Telegraph Saddle along Telegraph Track
Path	Boat ride, rocky track, some beach walking, sandy track & Maintenance Track

The walk starts with an early boat ride, with 'Wanderer Adventures', from Tidal River around the Southern tip of the Prom to Sealer's Cove. Note that, after the 'Wanderer Adventures' boat has dropped you off on the beach at Sealer's Cove, you still have to ford Sealer's Creek at the start of this walk. At low tide, you will need to remove your boots – at high tide, the water is chest deep!

After fording the creek, enter the Sealer's Cove Campsite (there is a toilet there) and, at the back of the camp, the trail commences!

The trail follows the coastline Eastward, gently climbing through Eucalypt forest. After 3.4 Km, the trail reaches its zenith at a viewpoint – this is a good spot for morning tea! The trail then turns South. After a further 3.2 Km (now descending), you reach Refuge Cove Campsite. There are excellent views along the way.

The trail continues on the Southern side of the campsite, turning left and commencing to climb, once again. This climb is spectacular, passing Kersop's Peak at the 8.6 Km mark. This is a great place for a breather – the short detour to the top of the peak is a must – on a good day, the views are amazing!

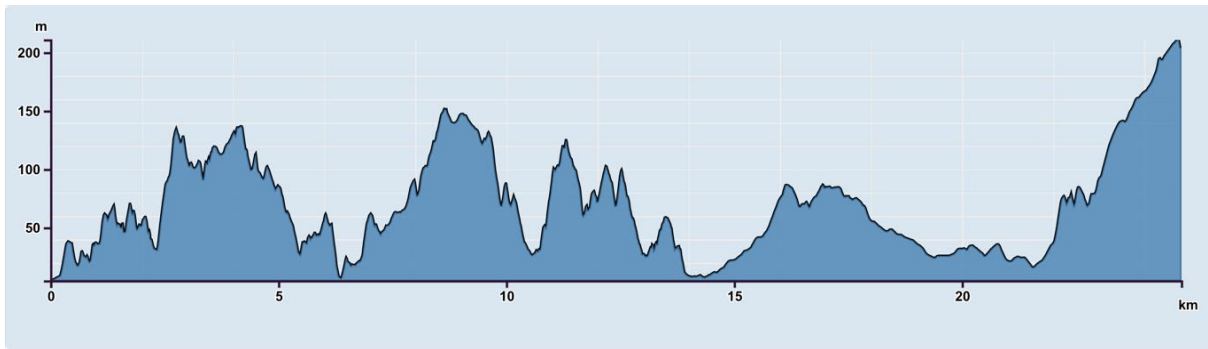
From Kersop's Peak, the trail descends steeply to the beach, and, after a couple of undulations, reaches the Little Waterloo Bay Campsite, at the 13 Km mark. This is your lunch spot (there is a toilet here)!

The trail now hugs the shoreline for a way, and crosses photogenic Freshwater Creek, where you can rock-hop across or get your feet wet! After 1.2 Km you reach Waterloo Bay Beach, and the trail turns right (to the West) and heads up across the frontal dune. From here, there are views to Mt Wilson (705 m) to the North.

It is a long walk (4.7 Km), mostly uphill, to Telegraph Junction – but the views of the glacial tors (to the South) along the way are excellent. At the junction, you meet the management track between Telegraph Saddle and the lighthouse, and turn North.

The track is wide, and gently ascends through lovely tree fern and Eucalypt forest for 6 Km. Soon enough you will find yourself at Telegraph Saddle, and the end of your walk.

Walk 21 - Elevation Profile



Walk 21 – Sealer's Cove - Refuge Cove - Waterloo Bay - Telegraph Saddle Walk

