

Three Bays Walk (Tidal River to Whisky Bay Return)

Difficulty	Medium/Hard
Length	11.8 Km Option: Pillar Pt 700 m Each Way
Total Ascent	186 m Each Way Option: Pillar Pt 45 m
Gradient	Undulating, with one modest hill
Path	Good quality footpath and beach walking

This walk highlights three of the Prom's best-known bays and beaches, and is a spectacular introduction to the Prom!

Cross Tidal River on the footbridge, and follow the path towards the Pillar Pt track junction. After a steep pitch (have a rest!), there is an excellent viewpoint overlooking Tidal River, with Mt Oberon in the background, from the track junction.

From the junction, you can optionally take the path down to Pillar Pt (720 m each way), which offers excellent views across Bass Strait. 'The Glennies' are a prominent set of small islands to the West, and, on a clear day, you can also see the dramatically eroded 'Skull Rock' to the South (best viewed from 'The Wanderers' boat trip from Tidal River).

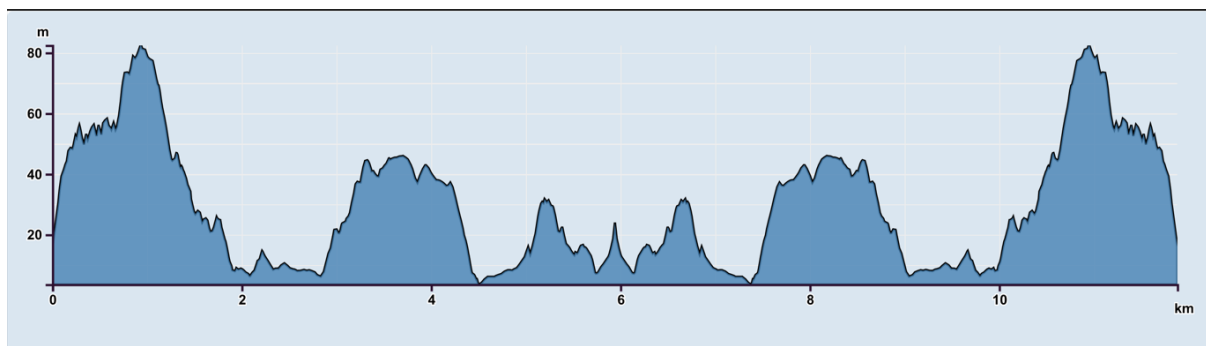
Back at the junction, take the continuing track to the left to Squeaky Beach. After about another Km, the beach is a good spot for morning tea!

At the Northern end of Squeaky Beach, the trail heads inland and crosses a creek, then climbs to join a path to Picnic Bay.

Walk along Picnic Beach, and, at the Northern end, join a path to Whisky Bay. There is a bridge across Whisky Creek, before reaching the Southern end of the Whisky Beach, and a toilet is available up a short track to the carpark. Lunch at the Northern end of Whisky Beach, by the red lichen coloured rocks.

Retrace your footsteps to Tidal River.

Walk 13 - Elevation Profile



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