

RECOMMENDED GEAR LIST:

- Day pack with rain cover
- Walking boots or walking shoes with good soles
- Whistle [some vegetation in the Otways is very dense]
- Water [at least 2L]
- Lunch and snacks
- Waterproof jacket and waterproof pants
- Spare fleece/woollen mid-layer
- Sunhat/ Sunscreen/ Sunglasses
- Beanie
- First Aid Kit for personal use [[Link to First Aid Kit](#)]

Optional

- Walking poles [strongly advised – many tracks are slippery after rain]
- Gaiters [may help to deter leeches]
- Shoes [may be used for river crossings]
- Small towel
- Camera